

## **A STUDY OF ADOLESCENT'S PERSONALITY TYPE RELATION TO THEIR ADJUSTMENT AND ACADEMIC ACHIEVEMENT**

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### **ABSTRACT**

Human life has two aspects, biological and sociological the biological aspect of human life is maintained and transmitted by nutrition and reproduction whereas the social aspect of human life is maintained and transmitted by education. The researcher has taken X class 1000, students' as sample. The investigator used incident stratified random sampling technique for the collection data. It was concluded that:-

- In any sub group of adolescents, there are less number of introverts and more number of ambiverts.
- The ambiverts exhibits better degree of adjustment and introverts as of poor degree of adjustment whereas the extroverts are in between on their adjustment status.
- The high levels of academic-achievers are mostly introvert-adolescents and the ambiverts show low level their academic achievement. However the extroverts remain in between in their academic achievement.

As the adolescents are full of bubbling energy and they always become engaged in some activities which effect on their personality and even their academic achievement. Further, they often are observed in some type of quarrelling or in the some form of groups. These events make effect on adolescent's personality, adjustment and the academic achievement. The present study is certainly served as eye awakening to school teachers.

**KEYWORDS:** Adolescents, Extrovert, Introvert, Ambiverts, Personality, Adjustment